LEHIGH UNIVERSITY

FACULTY GUIDE TO GENDER, SEX, & SEXUALITY IN THE CLASSROOM

gender, sex, & sexuality - what's the difference?

- → **sex:** a biological category determined by a combination of chromosomes, hormones, secondary sex characteristics, & internal/external sex organs
- → **gender identity:** an individual's emotional and psychological sense of gender
- → **gender expression:** the way in which someone presents their gender and is perceived by society
- → sexual orientation: level & type of attraction to others

note: these categories are distinct from one another & are not necessarily deterministic (i.e., an individual assigned a male sex may not necessarily identify as a man or have a masculine gender expression)

how do I talk about gender, sex, & sexuality categories?

- → **sex:** sex categories are usually designated as <u>male</u> & <u>female</u>; an individual's sex can also fall outside these categories based on a difference of sex development (DSD) or <u>intersex</u> condition
- → **gender identity:** gender identity categories are commonly just called gender categories, and are most appropriately described with words such as <u>man/men</u> & <u>woman/women</u>; some individuals may identify with another gender category, such as being <u>transgender</u> or <u>genderqueer</u>
- → **gender expression:** the ways that individuals express their gender are usually referred to using words like <u>masculine</u>, <u>feminine</u>, <u>androgynous</u>, & <u>gender non-conforming</u>
- → **sexual orientation:** there are a multitude of categories that individuals may use to identify their sexual orientation; examples may include <u>lesbian</u>, <u>gay</u>, <u>bisexual</u>, <u>heterosexual</u>, <u>asexual</u>, & many others

some helpful terms

- → LGBTQ+: a term that refers to a broad spectrum of gender identities and sexual orientations, including those who are lesbian, gay, bisexual, transgender, queer, questioning, intersex, asexual, & pansexual; self-identification and self-definition are paramount when discussing these identities, as preferred terms may vary depending on the individual
- **cisgender:** describes someone whose gender identity aligns with societal expectations based on their assigned sex at birth (i.e., an individual assigned a female sex who identifies as a woman)
- **transgender:** a general term to describe a group of people whose gender identity differs from societal expectations based on their assigned sex at birth; examples may include:
 - transgender man (an individual assigned a female sex who identifies as a man)
 - **transgender woman** (an individual assigned a male sex who identifies as a woman)
 - genderqueer or gender non-conforming (an individual who does not identify as a man or as a woman)

why are these distinctions important for my classroom?

Whether you are teaching a course in accounting, marketing, economics, or another topic, gender & sex categories may show up in unexpected ways. It's important to be mindful of these topics regardless of your discipline for several reasons:

- → **commitment to inclusion:** Lehigh University is committed to the inclusion of and respect for all individuals regardless of sexuality, gender identity, and/or gender expression; as a member of this community, you have a responsibility to uphold that commitment
- → maximizing student learning: students learn best when their environment is free of barriers; by using inclusive language and respectful practices, you are creating an environment where learning can occur more effectively for everyone
- → eliminating disparities: LGBTQ+ people, especially those who are women, transgender, and people of color, are one of many groups underrepresented in business; by becoming more inclusive practitioners, we can begin to explore ways to improve the pipeline and eliminate these disparities

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tips for creating an inclusive classroom environment

- → set a tone of respect on the very first day of class
- → **assume** that you have LGBTQ+-identified students in your classroom, and work to create an inclusive environment for them
- → don't assume that a student identifies as a man or woman based on their appearance, or that your students identify as straight; it's especially important to guard against language that makes assumptions ("this man said __," "she just told us that ___," "if she was married, her husband would ___," etc)
- → take attendance / call role only after you have given students a chance to state what they prefer to be called, and allow students to self-identify their name & pronouns before the first day of your course
 - a note on pronouns: individuals may go by she/her/hers, he/him/his, gender-neutral pronouns such as they/them/theirs, or an additional set of pronouns; if you are unsure of someone's pronouns, ask
- → avoid gendered groupings ("men on this side, women on this side") as these may alienate transgender & gender non-conforming students
- → hold other students accountable if they use exclusive language or refer to another student using incorrect pronouns
- → incorporate content from LGBTQ+ individuals in your discipline and highlight the contributions of LGBTQ+ people to your discipline
- → admit when you've made a mistake, apologize, correct yourself, and move on

adapted from <u>Some Very Basic Tips for Making Higher Education More Accessible to Trans Students and Rethinking</u>
<u>How We Talk about Gendered Bodies</u> by Dean Spade (Radical Teacher, Number 92, Winter 2011).

additional tips for discussing LGBTQ+ issues in the classroom

- Be mindful not to make assumptions about students, who may not always be fully open about their identities
- 2. **Be honest about what you know & do not know** regarding inclusivity in particular sectors of business and/or potential workplaces if students inquire about these
- Remember that discrimination based LGBTQ+ identity can and does impact the success of both individuals as well as companies (in contrast, LGBTQ+ supportive policies improve worker productivity and overall economic success of corporations & firms)
- 4. **Provide your students with resources** where they can learn more about these topics (consult the Pride Center to learn more)

opportunities through the Pride Center

- → learn
 - attend an LUally training or request one for your department (opportunities listed at go.lehigh.edu/LUally)
 - invite an LGBTQ+-identified guest speaker into your classroom to lecture
 - screen an LGBTQ+-themed film in your classroom
- engage
 - be present at LGBTQ+-related events on campus (find out about these from our newsletter at go.lehigh.edu/pridenews)
 - co-advise one of the Pride Center's affiliated groups
 - join the Faculty & Staff Pride Network or Pride Faculty Council
- → act
 - prominently display inclusive images / "ally" symbols in your office
 - don't tolerate exclusive language from students or other faculty members
 - refer students to the Pride Center as needed